



A PROGRAM OF FOUNDATION FOR PROMOTION OF SPORTS AND GAMES
CSR Compliant | Not for Profit (Section 8) Organization

Performance Report for



EARNEST TOWERS PVT. LTD.

Contribution towards Athletes and Para Athletes supported by OGQ
FY 2023-24 (April - September)

OLYMPICS



Athletes Supported: 276

Junior – 139 | Senior – 137

9 Olympic Sports

Archery, Badminton, Boxing, Shooting, Wrestling, Athletics, Swimming, Table Tennis, Weightlifting

Performance at Olympics:

9 out of the 15 medal winners for India at the London 2012, Rio 2016 and Tokyo Olympics 2020 were supported by OGQ



Medal Highlights:



P.V. Sindhu

Bronze & Silver – Badminton
Tokyo 2020 & Rio 2016



Ravi Kumar

Silver – Wrestling
Tokyo 2020



Mirabai Chanu

Silver – Weightlifting
Tokyo 2020



Mary Kom

Bronze – Boxing
London 2012

PARALYMPICS



Para Athletes Supported: 101

Junior – 14 | Senior – 87

8 Paralympic Sports

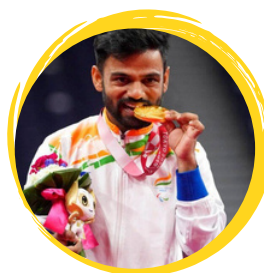
Athletics, Archery, Badminton, Shooting, Powerlifting, Table Tennis, Canoe, Blind Judo

Performance at Paralympics:

10 out of the 19 medal winners for India at the Tokyo Paralympics 2020 were supported by OGQ



Medal Highlights:



Krishna Nagar

Gold – Badminton
Tokyo 2020



Bhavina Patel

Silver – Table Tennis
Tokyo 2020



Devendra Jhajharia

Silver – Athletics
Tokyo 2020



Singhraj Adhana

Silver & Bronze –
Shooting, Tokyo 2020

SPORT	MEDALS WON BY INDIA IN OGQ FOCUSED SPORTS	MEDALS WON BY OGQ SUPPORTED ATHLETES
ARCHERY (RECURVE)	2	2
BADMINTON	3	1
BOXING	5	5
SHOOTING	22	22
WRESTLING	6	3
TOTAL	38	33

Additionally OGQ supported athletes Annu Rani and Tajinerpal Toor won Gold Medals in Women's Javelin and Men's Shot Put respectively.



SPORT	MEDALS WON BY INDIA IN OGQ SPORTS	MEDALS WON BY OGQ SUPPORTED ATHLETES
PARA ATHLETICS	55	20
PARA BADMINTON	21	17
PARA SHOOTING	6	6
PARA ARCHERY	7	5
PARA CANOE	4	3
BLIND JUDO	2	2
PARA TABLE TENNIS	2	1
TOTAL	97	54



AREAS OF SUPPORT BY OGQ

for Olympic and Paralympic Athletes

SPORTS SCIENCE SUPPORT

- Physiotherapy
 - Nutrition
 - Strength & Conditioning
 - Sports Psychology
 - Masseurs
 - Injury Management and Rehabilitation
-

EQUIPMENT SUPPORT

- Sports Equipment
 - Gym equipment
 - Wheelchair & Prosthetics for Para-Athletes
-

COACHING & TOURNAMENT SUPPORT

- Travel for Tournaments (domestic & international)
 - Coaching (domestic & international)
 - International Coaching Stints and Camps
 - Monthly Stipend
 - Research and Monitoring
-

OGQ SUPPORT TO ATHLETES



Shooter Rahi Sarnobat with S&C Trainer Akshay Bhapkar and OGQ Physiotherapist Aishwarya



Boxer Jaismine with OGQ S&C Trainer Akshay



Shooter Ramita with Sports Psychologist Gayatri Madkekar



Boxer Deepak Bhorla with OGQ S&C Trainer Chris Gallagher



High Jumper Pooja with OGQ Physiotherapist Vineel

PERFORMANCE SUMMARY (APR '23 - SEPT '23)

CUMILATIVE MEDALS AND PARTICIPATION OF ALL OGQ SUPPORTED ATHLETES ACROSS 9 SPORTS

Tournament	Participation	Medals Won
World Championships	75	19
Asian Championships	53	28
International Tournaments	217	33
National Tournament	97	40
TOTAL	442	120

Please Note: One athlete participates in multiple tournaments during the financial year

PERFORMANCE SUMMARY (APR '23 - SEPT '23)

SOME KEY PERFORMANCES

ISSF World Championship, (Shooting)

Baku, August 2023

1. Gold: Esha Singh and Shiva Narwal (10M Air Pistol Mixed Team)
2. Bronze: Mehuli Ghosh (10M Air Rifle Women)
3. Bronze: Akhil Sheoran (50M Rifle 3P Men)



ESHA SINGH & SHIVA NARWAL AFTER WINNING THE SHOOTING WORLD CHAMPIONSHIP 2023

IBA Men's World Boxing Championship

Tashkent, May 2023

1. Bronze: Deepak Bhorla (Men's 51 Kg)



DEEPAK BHORIA CELEBRATING HIS WIN AT THE IBA BOXING WORLD CHAMPIONSHIPS

OGQ SUPPORT TO PARA ATHLETES



OGQ Physiotherapist Ayushi Tomar with Para Archer Vivek Chikara



OGQ Nutritionist Yogesh Kumar with Para Archer Pooja Jatiyan



OGQ Physiotherapist Abhishek Wagh with Para Athlete Ravi Rangoli

PERFORMANCE SUMMARY (APR '23 - SEPT '23)

CUMILATIVE MEDALS AND PARTICIPATION OF ALL OGQ SUPPORTED PARA ATHLETES ACROSS 8 SPORTS

Tournament	Participation	Medals Won
World Championships	59	11
Asian Championships	6	6
International Tournaments	171	68
National Tournament	55	29
TOTAL	291	114

Please Note: One para athlete participates in multiple tournaments during the financial year

PERFORMANCE SUMMARY (APR '23 - SEPT '23)

SOME KEY PERFORMANCES

Para Athletics World Championships 2023

Paris, July 2023

1. Gold: Ajeet Singh (F46 Javelin Throw)
2. Gold: Sachin Khilari (F46 Shot Put)
3. Silver: Nishad Kumar (T47 High Jump)
4. Silver: Yogesh Kathuniya (F56 Discus Throw)
5. Silver: Shailesh Kumar (T42/63 High Jump)
6. Silver: Rinku Hooda (F46 Javelin Throw)
7. Bronze: Praveen Kumar (T44 High Jump)



YOGESH KHATUNIYA



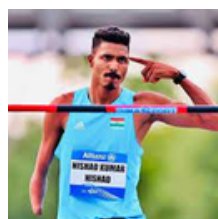
SHAILESH KUMAR



RINKU HODA



SACHIN KHILARI



NISHAD KUMAR



PRAVEEN KUMAR



AJEET SINGH

World Para Shooting Championships

Peru, August 2023

1. Gold: Manish Narwal (P1 Pistol SH1)
2. Silver: Rudransh Khandelwal (P4 Pistol SH1)
3. Bronze: Nihal Singh (P3 Pistol SH1)



MANISH NARWAL



RUDRANSH
KHANDELWAL



NIHAL SINGH

OUR WEBSITE:

www.ogq.org

CONTACT US:

neha@ogq.org

ADDRESS:

**Olympic Gold Quest, 401, 5th floor, Anand Building,
Ambedkar road, Bandra West, Mumbai - 400050**

Thank You